

10531 Victoria Rd, Chemainus BC V0R 1K2 **250.732.2860**

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PERSONAL DETAILS					
Name:	Date of Birth:	. /	/	(D/M/Y)	
Occupation:					
Address:					
Phone:	Email:				
Would you like to receive a text me	essage or email about special offers fro	m time to time?	Text □	Email 🗆	
Emergency Contact Name:	Emergency Contact Number:				
How did you hear about me?					
Do you currently experience any of	the following:				
O Tension headaches	O Stiffness in neck	O Stiff or t	O Stiff or tight shoulders		
O Lower back pain	O Eye strain or pain	O Sinusitis	O Sinusitis		
O Insomnia/disturbed sleep	O Hair loss	O Dandruff	O Dandruff		
O Alopecia	O Anxiety	O Mental F	O Mental Fatigue		
O Lack of focus	O Depression	O Brain Inj	O Brain Injury		
O PTSD	O Metal Pins/Plate (neck or upper b	ack) O Sensitive	O Sensitive to Essential Oils		
O Other (please specify)					
UNDERSTANDING YOUR MIND/BO	DY CONSTITUTION				
Do you experience or have you exp					
O Warm body temperature	O Dry cold skin	O Achy jo	O Achy joints		
O Oily warm skin	O Scattered and restless		O Cool damp skin		
O Irritability/anger	O Enthusiastic/ Lots of energy	O Ground	O Grounded		
O Sound sleeper	O Need grounding	O Depress	O Depression/congestion		
O Skin inflammation	O Anxiety		O Deeper sleeper		
O Cold body temperature	O Light sleeper	•	O Lung congestion		



EXPERIENCE/FEEBACK: (overall massage, pressure, how you feel after the session)
PRACTITIONER NOTES: